



26 April 2019

Dear parents/carers

### Bikeability Cycle Training Course

A Level 1 & 2 Bikeability cycle course is being offered to all pupils in Year 5 during the week commencing Monday 6 May (Tuesday 7 – Friday 10 May). This course is being funded through the Sports Premium and will take place during the school day.

The course will include Highway Code theory plus skills exercises on the playground.

This will be followed by basic manoeuvres on local roads for those who have reached the required standard of cycle control. The on-road sessions include starting, stopping, overtaking, making U-turns and turning left and right into road junctions.

Children will need a **roadworthy cycle, with fully functioning brakes**, and will have to attend each day of the course. They should wear clothes appropriate for cycling and the weather conditions, for example coats and gloves if it is wet or cold. Their school PE kits (joggers or leggings) are suitable. They do not need to wear their own clothes. The children will also need a correctly fitting cycle helmet.

Please note that the course is designed to improve cycle control, not teach children to ride. Children should therefore be encouraged to practise beforehand, especially signalling.

Please complete and return the slip below by Friday 3 May.

If you have any queries, please do not hesitate to contact me.

Yours sincerely,

Mrs J Cutler  
Head of School

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FAO: Mrs Cutler

Child's Name ..... Class .....

I give my consent for my child to take part in the Level 2 Bikeability Course.  
I understand that most of the course will be conducted on the roads local to the school.  
I will ensure my child has a roadworthy bicycle and a cycling helmet throughout the course.

Signed..... parent/carers Date.....