

This week

- Wed 26 Sep: Yr6 National Child Measurement Programme
- Thurs 27 Sep: Friends of Thomas Coram AGM
- Fri 28 Sep: Harvest Festival

Dates further ahead

- Thurs 4 Oct: Deadline for photograph returns
- Thurs 4 Oct: Ashlyns Open evening 5.30-8.30pm
- Fri 9 Nov: Flu vaccinations for Yrs 3-5

[A full calendar is available on our website](#)

Notices and reminders

This week our whole school worships have been led by Mrs Cutler and our Year 6 Reflective Leaders, Father Simon and 3BW. We have been reflecting on the importance of remembering to say thank you, and how we should be thankful for the food we have and try to not waste it.

YouTube is the world's largest video platform and the second biggest search platform (after Google), with over 1.8 billion users per month. The National Online Safety Team has created a free guide for parents and carers which covers what you need to know about the platform to help safeguard your children from potential online risks including; age inappropriate videos, in-app messaging, dangerous challenge/viral videos, digital wellbeing and more. The guide can be found through this link:
<https://twitter.com/natonlinesafety/status/1042355435871846401>

Our Harvest Festival takes place on Friday 28 September and we will be [supporting DENS with our Harvest collection](#). Possible gifts may be found on the attached list and may be brought into school from Wednesday 26 September.

Years 3 & 4 received data collection sheets earlier this week. Please check all the information, sign and return forms to the school office. We are hopefully introducing a new system for Years 5 & 6 more information will follow soon. If you need to update any information before the new system starts then please contact the school office.

Vaccination UK are visiting Thomas Coram on Friday 9 November on behalf of NHS England to offer nasal vaccinations for all pupils in Years 3, 4 and 5. [Flu vaccination consent forms](#) (whether or not you wish your child to be immunised) should be returned to school by Friday 12 October. Forms are attached and are available on our website. If you are unable to print out a form please come to the school office.

The deadline for payment for [Young Voices](#) is today. If you haven't returned your form then please make sure it is at the office on Monday morning.

The second instalment for the [Year 6 trip to Devon](#) is due today. Payment can be made via WisePay (our preferred option) or cash or cheque.

Recent letters

Last week we sent out these letters, which are also available on our website:

- Yr4 – Awful Egyptians
- Yr4 – Egyptian day

Today we're attaching:

- DENS harvest collection
- Flu Vaccinations letter and consent form

This week at St Peter's –

This weekend we celebrate our Oktoberfest.

TODAY Friday 21 September
7.30pm French, German and English Comparative Wine and Cheese Tasting led by WSET tutor, Mike Eggleton at The Court House. Tickets of sale now, £15, under 18 free.

Saturday 22 September: 7.30pm in St Peter's: Bridgewater Sinfonia Concert honours the memory of those fallen in the Great War. Tickets £15 in advance, £17 on the door. Music from Germany, Belgium and England.

Sunday 23 September: 9.30am Parish Eucharist including Haydn's *The Heavens are Telling*. **11.00am** Bavarian Breakfast: sausages, beer and music outside St Peter's Church. **6.00pm** Choral Evensong.



DENS Harvest Shopping List 2018

Food:

Milk (long life)
Fruit juice (1L long life)
Jam
Rice
Vegetables (tinned)
Sponge Puddings
Potatoes (tinned or instant mash)
Tinned cold meat (ham/corned beef)
Tinned hot meat
Fruit (tinned)
Rice pudding (tinned)
Custard
Coffee
Cereal bars
Chocolate
Biscuits
Squash
Tomatoes (tinned)
Cooking sauces (pasta & curry)
Sugar
Tomato Soup

For use within DENS services:

10p carrier bags for food parcels
Strong black bags
Washing powder
Dishwasher liquid tablets
Rinse Aid
Toilet cleaner
Antibacterial cleaning spray
Air freshener
Floor cleaner
J-cloths
Washing up liquid
Antibacterial liquid soap/bar soap
Toothpaste
Mens' deodorants
Toilet rolls
Shower gel
Kitchen roll
Tin foil + clingfilm
Dishwasher salt
Nappies (sizes 5-6)
Mens' socks & underwear

At the moment we have good supplies of Baked Beans, Tea, Pasta and Cereal

Please note that all products must have a best before date of 2019 onwards.

All of these items will be used to help those in need across DENS services, supporting The Elms, Day Centre and Foodbank. **Thank you for your support!**

For donations/deliveries: The Hub, Paradise, Hemel Hempstead HP2 4TF
Weekdays 10am-12pm T: 01442 250969 E: office@dacorumfoodbank.org.uk
www.DENS.org.uk Charity No: 1097185

Commonly asked questions about children's flu immunisation ('Fluenz')

Why should children have the flu vaccine?

Flu can be a very unpleasant illness in children causing fever, stuffy nose, dry cough, sore throat, aching muscles and joints, and extreme tiredness. This can often last several days. Some children can also get a very high fever, sometimes without the usual flu symptoms, and may need to go to hospital for treatment. Complications of flu can include a painful ear infection, bronchitis, and pneumonia – these may be severe.

What are the benefits of the vaccine?

Having the vaccine will help protect your child from what can be a very nasty illness and will also reduce the chance of others in your family getting it, especially if a family member has a serious health condition. It can also help you avoid having to take time out because you are ill, or to look after your sick child.

How will the vaccine be given?

For most children, it is given up the nose.

Who will give my child their flu vaccination?

Specially trained healthcare staff will give your child the flu vaccination.

How does the nasal vaccine work?

The nasal vaccine contains flu viruses that have been weakened. As the viruses are weakened, this means the vaccine cannot cause flu itself, but it will help your child to build up immunity, so that when he or she comes into contact with the flu virus they are unlikely to get ill.

Are there any side effects of the vaccine?

Side effects are uncommon but may include a runny or blocked nose, headache, general tiredness and some loss of appetite. The vaccine is absorbed quickly in the nose so, even if your child sneezes immediately after having had the spray, there's no need to worry that it hasn't worked.

Are there any children who shouldn't have the nasal vaccine?

Children should not have the nasal vaccine if they:

- Are allergic to eggs, egg proteins, gentamicin or gelatin
- Are currently wheezy or have been wheezy in the past week (vaccination should be delayed until at least seven days after the wheezing has stopped)
- Are severely asthmatic, i.e. being treated with oral steroids or high dose inhaled steroids
- Have a condition that severely weakens their immune system.

Also, children who have been vaccinated should avoid *close* contact with people with very severely weakened immune systems for around two weeks following vaccination. This is because there's an extremely remote chance that the vaccine virus may be passed to them.

Contact with other healthy children or adults does not need to be limited after having the vaccine.

I believe the nasal vaccine contains products derived from pigs (porcine gelatin), which means my child can't have it because of our beliefs.

The nasal vaccine contains a highly processed form of gelatin (derived from pigs), which is used in a range of many essential medicines already. The nasal vaccine provides the best protection against flu, particularly in young children.

This nasal vaccine not only helps protect your child against disease but, if enough children are vaccinated, the disease won't spread from one person to another, and so their friends and family are also protected.

Some faith groups accept the use of porcine gelatine in medical products – the decision is, of course, up to you. For further information about porcine gelatine and the nasal flu vaccine, please go to the website below:

www.gov.uk/government/news/vaccines-and-gelatine-phe-response

Can't my child have the injected vaccine that doesn't contain gelatine?

The nasal vaccine offers the best protection for your child and it reduces the risk to, for example, younger siblings who may be too young to be vaccinated, as well as other family members such as grandparents who may be more at risk of the complications of flu. The injected vaccine is not thought to reduce spread so effectively and so is not being offered to healthy children as part of this programme.

However, if your child is at high risk from flu due to one or more medical conditions or treatments and can't have the nasal flu vaccine because of this, they should have the flu vaccine by injection.

Has the vaccine been used in other countries?

Yes. For example, it has been used safely in America and Europe for many years where hundreds of thousands of children have been successfully vaccinated and protected against flu.

Parent / Guardian: please complete **ALL** sections on this page.

| | | |
|--|--|--|
| Child's full name: (first name and surname) | | Date of Birth: |
| Home address: Postcode: | | Emergency contact number for parent or guardian: |
| Email: | | Gender of child (<i>please circle</i>): Male Female |
| NHS Number (<i>if known</i>): | | Ethnicity of child: |
| GP name and address: | | GP telephone number: |
| School: | | Year Group/Class: |

| | |
|---|---|
| <p>Has your child been diagnosed with asthma? Yes No</p> <p>If Yes, and your child is currently taking inhaled steroids (i.e. uses a preventer or regular inhaler), please enter the medication name and daily dose (e.g. <i>Budesonide 100 micrograms, four puffs per day</i>):</p> <p>If Yes, and your child has taken steroid tablets because of their asthma in the past two weeks please enter the name, dose and length of course:</p> <p>Please let the immunisation team know if your child has to increase his or her asthma medication after you have returned this form.</p> | <p>Has your child already had a flu vaccination in the past 3 months? Yes* No</p> |
| | <p>Does your child have a disease or treatment that severely affects their immune system? (e.g. <i>treatment for leukaemia</i>) Yes* No</p> |
| | <p>Is anyone in your family currently having treatment that severely affects their immune system? (e.g. <i>they need to be kept in isolation</i>) Yes* No</p> |
| | <p>Does your child have a severe egg allergy? (<i>needing hospital care</i>) Yes* No</p> |
| | <p>Is your child receiving salicylate therapy? (<i>i.e. aspirin</i>) Yes* No</p> |
| | <p>*If you answered Yes to any of the above, please give details:</p> <p>On the day of vaccination, please let the immunisation team know if your child has been wheezy in the past three days.</p> |

NB. The nasal flu vaccine contains products derived from pigs (porcine gelatine). If the vaccine is refused due to this content, only children who are at high risk from flu due to a medical condition will be offered an alternative injected vaccine. More information is available from www.nhs.uk/child-flu-FAQ

Consent for immunisation (please tick YES or NO)

| | |
|--|--|
| YES , I consent for my child to receive the flu immunisation. | NO , I DO NOT consent to my child receiving the flu immunisation. |
|--|--|

If 'NO' please give reason(s) below:

| | |
|---|-----------------|
| Signature of parent/guardian (with parental responsibility): | Date DD/MM/YYYY |
|---|-----------------|

FOR OFFICE USE ONLY

ELIGIBILITY ASSESSMENT ON THE DAY OF VACCINATION:

- **Has the child been assessed as suitable for receiving LAIV today?** YES / NO
- **If the child has asthma, has the parent / child reported:**
 - Use of oral steroids in the past 14 days: YES / NO
 - An increase in inhaled steroids since consent form completed: YES / NO

Asthmatic children not eligible on the day of the session due to deterioration in their asthma control should be offered IM inactivated vaccine if their condition does not improve within 72 hours to avoid a delay in vaccinating this 'at risk' group.

- If the child is not suitable to receive LAIV, has IM influenza vaccine been given today? YES / NO
- If **YES** – name of parent / guardian who has given consent for IM flu vaccine:
 Name:.....
 Relationship to child:.....
 Date / time contacted:.....
- If the IM influenza vaccine has **not** been given today, has the child been referred back to their GP? YES / NO

Child not immunised today because:

- High Temperature
- Not well enough today
- Refused none given Refused partially given Child Refused

Nurse assessors NAME and SIGNATURE:

Live intra nasal influenza vaccine details:

| IMMUNISATION | BATCH | EXP DATE | GIVEN BY: PRINT NAME | SIGNATURE / DESIGNATION | TIME / DATE |
|---------------------------------------|-------|----------|-------------------------|----------------------------|-------------|
| live intra nasal influenza vaccine | | | | | |

If Intramuscular (IM) vaccine given today:

Manufacturer:

Batch:

Expiry:

Site given:

Given by:

- Name of nurse.....
- Signature.....

Additional notes: