

This newsletter is to celebrate the sporting achievements of our pupils in the first half of this academic year. Throughout the school, pupils have been showing excellent teamwork skills, determination, perseverance and talent. **Here are some of the things we have been doing:**

Speed-Stacking:

On Thursday 1st February, our Year 4 pupils represented the school in a Speed Stacking festival, held at Ashlyns School. After only a couple of days' wait, we were delighted to find out that we had won the Ashlyns heats, coming in 1st and 2nd place. Consequently, some of the children will proceed to the Hertfordshire final, where we wish them the very best of luck. Look out current Year 3s, as training will start in September! The teams were: Sofia G, Louisa H, Nell C, Cerys J, Zakia A, Eliza B, Caitlin P, Grace W, George H, Theo B, Liam F, Lewis T, Molly PT, Summer G, Allegra F and their head coach, Mrs Bruguier.

Cross Country:

Cross-Country has been a major sport at Thomas Coram this academic year. From trials in late September, through to events from October to February, we have seen pupils working hard to achieve their best and enjoying running with their friends.

Ashlyns

In October, all year groups were entered into Ashlyns cross country. In PE lessons with Miss Minter, all the classes were demonstrating great running skills in preparation for an event like this. The practice paid off and our teams were very successful. Amazingly, we finished in the top positions across most of the year groups. These were our overall results:

	Year 3	Year 4	Year 5	Year 6
<b>Boys</b>	2nd	1 <sup>st</sup>	-	2nd
<b>Girls</b>	-	2 <sup>nd</sup>	3 <sup>rd</sup>	3rd
<b>Mixed</b>	3rd	2 <sup>nd</sup>	3 <sup>rd</sup>	3rd

Adeyfield

In December, a selected group of year 5 and 6 pupils were taken to Adeyfield School to participate in a District cross country event. The children were challenged by some of the top runners in the District. With all of their determination and hard work we came a pleasing third.

St Albans

On Saturday 3<sup>rd</sup> February, eleven pupils represented the school in the County cross country event. Despite the rain and cold, they excelled themselves. The Year 5 girls were our highest achieving team on the day.



Bridgewater

Bridgewater was due to be holding their annual cross country event but due to the adverse weather conditions it has been postponed until Saturday 28th April. Previously, we have attended and represented the school in huge numbers. As this event has an open invitation, we hope to see as many of you as possible coming along to compete and take part.

### Football:

On the 30th November and 7th December, some Year 3 and 4 pupils travelled to Bridgewater for some friendly football fixtures. The Year 4 pupils were split into two teams, who played extremely well, showing great sportsmanship against their opponents. They won one game and drew the other. The Year 3 pupils played equally as well, drawing and winning their games too! A great success from the undefeated players which left Mrs Griffiths and Miss Minter extremely proud of their efforts!

### DSSN Taster day

On the 2<sup>nd</sup> November, Miss Minter and Mrs Griffiths took some Year 4 and 5 children to Queens School in Bushey to take part in the DSSN Taster Day. The children that attended took part in a range of activities such as, Football, Archery, Boccia and Kwik Cricket. They were a credit to Thomas Coram, showing respect to all the other schools present, throughout the activities.

### Sport Leaders

Out of the many children who applied, 15 Year 6 pupils were successfully selected to train in becoming Sport Leaders. They have had a range of problem solving and leadership activities to prepare them for attending Victoria school this half term, to deliver some sport leader sessions.

We continue to have Ashlyns' Sports Leaders hosting sessions for our pupils. These fantastic ambassadors deliver high quality activities to groups of pupils throughout our school.



### Skip 2B fit!

On 16<sup>th</sup> March, all classes will be taking part in a Skip 2B fit workshop. From previous years, all staff and pupils thoroughly enjoyed taking part in the skipping and were able to explore the importance of healthy living. We hope the children have a similar positive experience this year. As this is part of our Sport Relief activities, we ask for a £1 donation, which will go towards the fantastic work of the Sport Relief charity.

### Swimming

Pupils in Year 5 have been swimming at Berkhamsted Sportspace as part of their PE lessons. They have made excellent progress and have been a credit to the school. We have been told that despite the changes to Sportspace, lessons will continue throughout this academic year.

### Game On:

Game On coaches not only take PE lessons within school, but also clubs and fixtures outside of school time too. Many of our pupils have represented the school in sports such as netball and football, playing in matches against other schools. Game On continues to praise our pupils for their efforts in these sessions and we look forward to hearing about the clubs that will be offered in the Summer term.

Our Summer term clubs are being finalised this half term. As always, we aim to offer a wide variety of opportunities for all pupils and a clubs list will be emailed to you soon.

We hope you have enjoyed reading about some of our many successes at Thomas Coram School.