

The teen brain



For those parenting 11 - 16 year olds



4 sessions to help parents understand what's happening to their teen and to offer some ideas on understanding teenagers, communication and managing conflict.



When: **Tuesday evenings from 7-9pm**

Dates: **27th February and 6th, 13th & 20th March 2018**

Where: **Thomas Coram School, Berkhamsted, HP4 2RP**

To book, or for more information: call Samantha Lindars on **07598 329823** or email s.lindars@hobbshillwood.herts.sch.uk



This FREE course is brought to you and funded by Dacorum Family Services

