



**Hertfordshire County Council
Public Health
County Hall
CHO231
Pegs Lane
Hertford SG13 8DE**

Email: publichealth@hertfordshire.gov.uk

Date: 6 October 2015

Dear Parent/Carer,

Measuring the height and weight of children in Year 6 – 2015/16

Every year in England, children in Reception and Year 6 have their height and weight measured as part of the National Child Measurement Programme (NCMP). We are writing to you because your child's class will take part in this year's programme.

It is really important to have a good understanding of how children are growing so that we can provide the best possible advice and support. Helping children to achieve a healthy weight is important for their chances in the rest of life. This important programme helps us do this. It is now in its tenth year in Hertfordshire.

To make sure we respect the privacy and feelings of your child:

- The measurements will only be taken by trained healthcare professionals from Hertfordshire Community NHS Trust School Nursing Service
- Measurements will be carried out in a **private area away from other pupils.**
- Children who take part will be measured **fully clothed** except for their coats and shoes.
- Any cultural needs of the child will be respected.
- Children will not be made to take part if they do not want to take part.

Information will be treated confidentially. We do **not** give height or weight measurements of any child to school staff or other children. We collect routine data such as your child's name, gender, address, postcode, ethnicity and date of birth. The data from all schools in the area will be gathered together and held securely by Hertfordshire Community NHS Trust. This information will be used within the local

authority and NHS to help us understand and plan support for weight-related problems for children. To repeat, we do not give height or weight measurements of any child to school staff or other children.

The measurements are analysed nationally in a way that means individual children **cannot** be directly identified.

They are stored locally on NHS child health records for the purposes of providing results and follow-up advice to parents. If there is concern about your child's weight or health, you will receive a letter explaining the result and giving information that might support you. Your child's results may also be shared with your GP who may also provide support to your family if required.

More information about the National Child Measurement Programme can be found at:

<https://www.gov.uk/government/publications/national-child-measurement-programme-factsheet-for-parents>

Opting your child out of the programme

If you are happy for your child to be weighed and measured, you do not need to do anything. However, you can find an opt-out slip attached to this letter. If you do not wish your child to take part, please complete, sign and return it to your school office within two weeks.

Yours faithfully,



Jim McManus

Director of Public Health

Hertfordshire County Council



Jenny Coles

Director of Children's Services

Hertfordshire County Council



Caroline Allum

Medical Director

**Hertfordshire Community NHS
Trust**

Opting your child out of being weighed and measured

Please return this form to your school office only if you **do not** wish your child to participate

Form 1: Opt-out slip

I **do not** wish my child to be weighed and measured for the 2015/16 National Child Measurement Programme

Child's name

Year

Class

Child's school

Parent's/Carer's name

Parent's/Carer's signature Date

PLEASE RETURN THIS TO YOUR SCHOOL OFFICE

NCMP 2015/16