

This week

- Tue 3 & Thu 5 Feb: Consultation evenings, 4.15 - 7.45pm
- Fri 6 Feb: Comedy Night (joint event by the Friends of Thomas Coram and Victoria School Association)

Dates further ahead

- Fri 13 Feb: School closes for half term break
- Mon 23 Feb: Pupils return to school after half term break
- Mon 9 Feb: Last day for notice of changes/cancellation to music lessons
- Tue 3 March: eSafety Information for parents at Westfield Primary School, 7pm

[A full calendar is available on our website](#)

Notices and reminders

Are your children safe online? Should you leave them alone with access to the internet? [An eSafety information session for parents](#) of children at Berkhamsted schools will be held on Tuesday 3 March at Westfield Primary School. Refreshments will be available at 6.45pm and the meeting (approx 1.5 hours) will start at 7pm. Please see the attached information for more details.

You will be informed of appointment times by the slip you completed for the [parent consultation evenings](#) being returned to you on Friday 30 January. The Friends of Thomas Coram will be selling [second hand uniform](#) on both evenings.

Break time snacks

Diet and nutrition play an important role in the mental, physical and social development of a child. The establishment of healthy eating in childhood can reduce the risk of health problems such as coronary heart disease, diabetes and osteoporosis in later life. With this in mind, we aim to establish good eating habits, to promote good growth and to hope that these will be continued into adulthood.

[A break time snack](#) can be an important part of the diet for children who may not get enough energy for growth and development from their three main meals. Please ensure whenever possible that snacks provided positively contribute towards a balanced diet – avoid providing that foods which are high in sugar, fat or salt, or at least keep these to a minimum.

[Water bottles](#) are also encouraged. Children require 6-8 glasses of fluid a day to stay healthy and even small levels of dehydration can lead to reduced levels of concentration and affect behaviour. Personal water bottles can be kept in the classroom and can be filled as needed. Bottles, however, should go home each day to be washed.

Recent letters

Last week we sent out these letters which are also available on our website:

- Supermarket Vouchers - February

This week's attachments

Today we're attaching:

- Supermarket Vouchers - February
- eSafety Information Session for Parents
- Comedy Night at Thomas Coram

A reminder that the school requires notification of any [changes/cancellation to music lessons](#) for the summer term in writing by Monday 9 February.

Don't forget to order your [supermarket vouchers for February](#). Orders should be received by Monday 2 February.

There is still time to [book for the Comedy Night](#) (joint event by the Friends of Thomas Coram and Victoria School Association) to be held on Friday 6 February. Please see the attached information for a booking form.



Supermarket Vouchers Orders – February

Orders to be returned no later than Monday 2 February

February's voucher order raised £194.15. If you would like to help us increase this amount please order some vouchers and see how easy it is. Thank you to all who ordered.

The total amazing amount raised for the year is £1345.50. That is a fantastic amount raised bearing in mind that this is not out of the pockets of our parents but from the supermarkets!!

Please, please keep ordering. It really is a worthwhile scheme to participate in as it is **at no extra cost to you**, but so very rewarding for the school.

Please note: John Lewis vouchers can be redeemed on-line and the click and collect allows you to collect from the store (Waitrose), saving you delivery charge.

WisePay Payments – you can pay for your vouchers, using your debit/credit card, through WisePay, Donations Manager (please follow the WisePay link via our school website. WisePay payments will be charged to your account on the day you process your transaction. You will still need to send in the completed form below to advise which vouchers you will require. Should you have any problems using Wise Pay please contact the school office. Cheques are still very much welcome, if that suits you. These will be banked on or after 26 February.

Voucher collection date is Thursday 26 February.

REMEMBER, you have to purchase food/clothes so why not help your school at the same time?!!

Please indicate the number of vouchers you wish to order for **February**
To be returned to school by Monday 2 February.



	Tesco (Gift Card)	Sainsbury	Waitrose
£10	£	£	£
£20	£	£	N/A
£25	N/A	N/A	£
£50	£	N/A	N/A
Total	£	£	£

Cheques should be made payable to **The Thomas Coram CE School**

* I will personally collect the vouchers/I authorise my son/daughter to collect the vouchers

Please delete as applicable

Signed.....Parent/Carer

Child's Name.....Class.....

eSafety information session for parents



- Are your children safe online?
- Should you leave them alone with access to the internet?
- What are your children doing online?
- Is there anything you need to do?

Topics covered

Cyber-bullying, social networking, online grooming, damaging postings, inappropriate websites, gaming, help and advice.

Tuesday 3rd March 2015, 7.00pm to 8.15pm

Call **01442 862 729** by **Friday 27th February** to book your place

**Westfield Primary School
Durrants Lane,
Berkhamsted HP4 3PJ**

Herts for Learning Ltd
01438 845111
www.hertsforlearning.co.uk



FRIDAY 6 FEBRUARY

Alex Horne

"A beguiling blend of the smart and the stupid... a real delight"
SUNDAY TIMES

HEADLINE ACT



Joseph Wilson

"This guy is hilarious"
FHM



CHARITY COMEDY NIGHT

CONFIRMED ACTS:

Alex Horne
Mary Bourke
David Jordan
Joseph Wilson

DOORS: 7.30PM SHOW: 8.00PM

VENUE: THOMAS CORAM SCHOOL

Followed by MUSIC until 11.30pm

With thanks to Chesham Comedy Club for booking the acts.

STRICTLY OVER 18'S

Mary Bourke

"Catch her act before she becomes a complete and utter cult"
THE GUARDIAN

"One of the best female stand ups I've seen recently"
THE STAGE



David Jordan

"beyond hilarious, lyrical genius!" – OUTPOOCH

Seats are £12.50 if bought through the VSA or FOTC and £15.00 on general sale.
Seats are limited, book quickly to avoid disappointment.

Comedy Night 2015 Booking form

Name: _____ Phone: _____

Email: _____ No: of tickets at £12.50 each
(Strictly Over 18s only)

To book your seats, return your completed form and payment (cash or cheque made payable to 'FOTC') to school.
Places **are limited so get your booking form in today!!!**



ALL MONIES RAISED FROM THIS EVENT WILL BE SPLIT EQUALLY BETWEEN VICTORIA SCHOOL ASSOCIATION AND FRIENDS OF THOMAS CORAM.

