

This week

- Thu 15 Jan: Closing date for applications for Year 3 entry Sept 2015
- Fri 16 Jan: Friends of Thomas Coram Film Night

Dates further ahead

- Tue 3 & Thu 5 Feb: Parent consultation evenings, 4.15 - 7.45pm
- Fri 6 Feb: Comedy Night (joint event by the Friends of Thomas Coram and Victoria School Association)

[A full calendar is available on our website](#)

Notices and reminders

Welcome back to everyone after the Christmas break. We wish you all a happy new year and hope you are looking forward to the spring term.

Spring term clubs will start this week unless otherwise stated, so please ensure that you have signed your child up to avoid any disappointment. Unfortunately the ukulele club was omitted from the letter sent out before Christmas; it will take place at lunchtime on Wednesdays. Please see the clubs letter on the latest letters page of our website for full details.

Please remember how important it is that you keep a note of how much money is on your child's Wisepay (My Wise Account), as we are unable to continue to supply your child with a school meal without payment. Please bear in mind that payment is not instant and can take a few days to reach the Thomas Coram account.

This week is our Big Write. Look out for your Talk Homework, which will also be available to download from the school website.

This week all children will be given a copy of the appointment letter for the forthcoming consultation evenings on Tuesday 3 and Thursday 5 February.

Recent letters

Last week we sent out these letters which are also available on our website:

- Year 3 Spring Term Welcome Letter
- Year 4 Spring Term Welcome Letter
- Year 5 Spring Term Welcome Letter
- Year 6 Spring Term Welcome Letter

This week's attachments

Today we're attaching:

- News from the Friends of Thomas Coram
- PAWS Club Assistant Vacancy
- Parenting Courses and Support in Dacorum



The Friends of Thomas Coram School,
Swing Gate Lane,
Berkhamsted,
Hertfordshire
HP4 2RP

Dear Parents,

Happy New Year!

The Friends of Thomas Coram committee will be delivering a variety of events for both parents and children this year. We kick off with a film night and then on the 6th February we have the Comedy Night!

Movie Night

16th January: 3.30-6.00pm – How to train your Dragon 2

Booking forms should be arriving in your children's school bags very soon! Please send your completed forms and payment into school as soon as possible.

Comedy Night

6th February: Tickets are selling quickly – if you want to find out more, please see the attached booking form and make your booking soon.

Best wishes,

Richard Roscoe

Chair, FOTC Committee

FRIDAY 6 FEBRUARY

Alex Horne

"A beguiling blend of the smart and the stupid....a real delight"
SUNDAY TIMES

HEADLINE ACT



Joseph Wilson

"This guy is hilarious"
FHM



CHARITY COMEDY NIGHT

CONFIRMED ACTS:

Alex Horne
Mary Bourke
David Jordan
Joseph Wilson

DOORS: 7.30PM SHOW: 8.00PM

VENUE: THOMAS CORAM SCHOOL

Followed by MUSIC until 11.30pm

With thanks to Chesham Comedy Club for booking the acts.

STRICTLY OVER 18'S

Mary Bourke

"Catch her act before she becomes a complete and utter cult"
THE GUARDIAN

"One of the best female stand ups I've seen recently"
THE STAGE



David Jordan

"beyond hilarious, lyrical genius!" – OUTPOOCH

Seats are £12.50 if bought through the VSA or FOTC and £15.00 on general sale.
Seats are limited, book quickly to avoid disappointment.

Comedy Night 2015 Booking form

Name: _____ Phone: _____

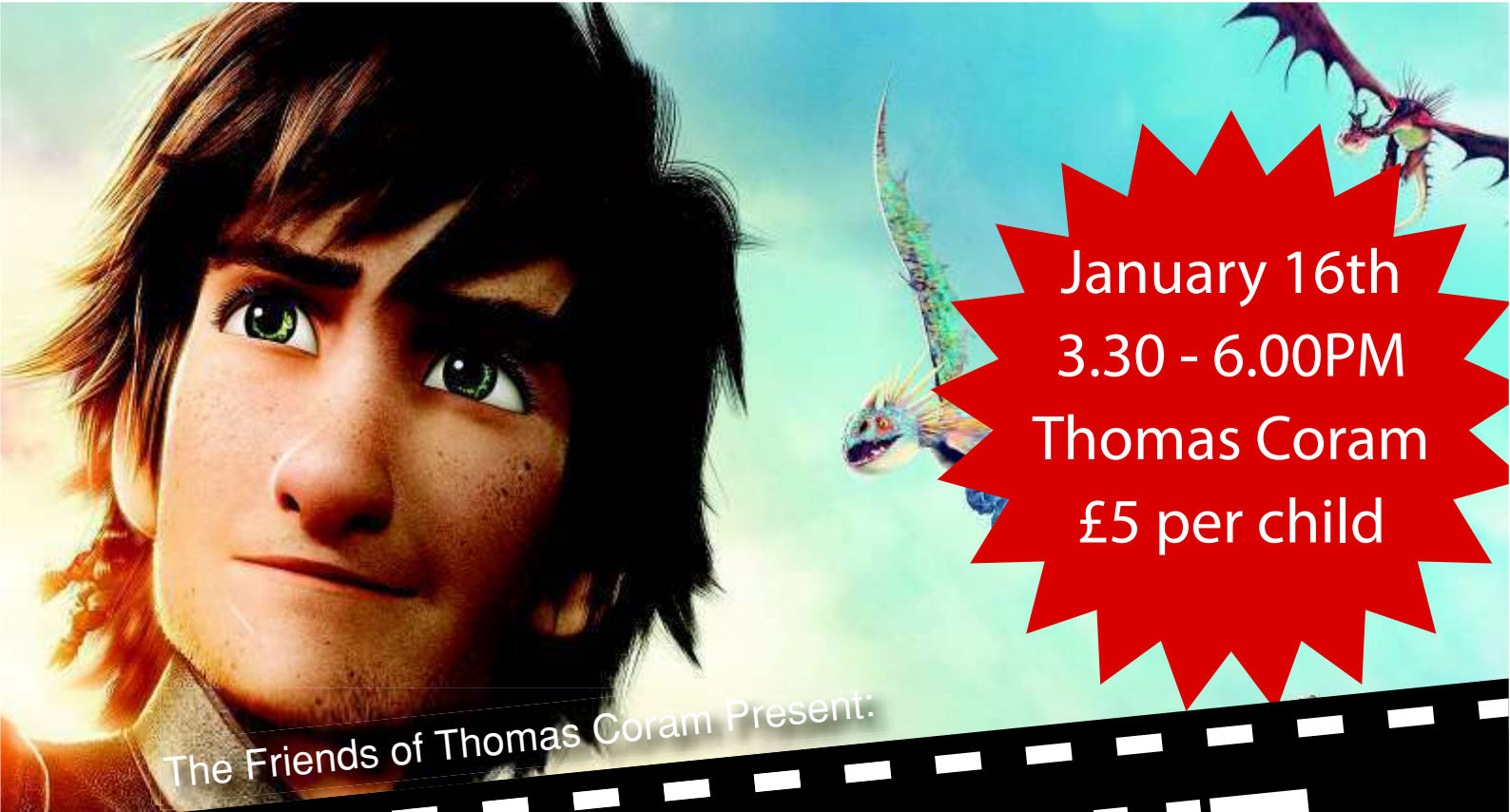
Email: _____ No: of tickets at £12.50 each
(Strictly Over 18s only)

To book your seats, return your completed form and payment (cash or cheque made payable to 'FOTC') to school.
Places are limited so get your booking form in today!!!



ALL MONIES RAISED FROM THIS EVENT WILL BE SPLIT EQUALLY BETWEEN VICTORIA SCHOOL ASSOCIATION AND FRIENDS OF THOMAS CORAM.





January 16th
 3.30 - 6.00PM
 Thomas Coram
 £5 per child

The Friends of Thomas Coram Present:

MOVIE NIGHT

HOW TO TRAIN YOUR DRAGON 2

Hot Dog, snack and drink included
 Tuck shop will be available so a small amount of pocket money may be brought in.

Tickets must be bought in advance as only those with signed permission from a parent may attend.

Child name(s) and class _____
 (All children attending must be named above)

Please advise if your child has any allergies _____

I have made arrangements to collect my son/daughter at 6pm

Parent/carer authorising signature _____

Cash or cheque to be enclosed with ticket order.
 Cheques to be made payable to "The Friends of Thomas Coram"



CLUB ASSISTANT VACANCY

- Club or setting:** PAWS Before and After School Club
- Location:** Berkhamsted
- Hours:** 7.45am – 9am and 3pm – 6pm (various shifts)
- Job title:** Club Assistant
- Salary:** Relevant to experience and qualifications
- Closing date:** Friday 30th January 2015

An exciting opportunity has become available to join our dedicated, child friendly team at PAWS.

The successful candidate will assist the Manager in the day-to-day running of the club; work closely with the children and their families and the other members of the team.

Ideally, applicants will have a relevant Level 2/3 NVQ or diploma, and have experience of working with

4 – 11 year olds.

Successful applicants will join us in providing high-quality, safe and stimulating childcare for the children attending PAWS.

All posts are covered by the Childcare Act 2006 and are subject to receipt of a satisfactory enhanced DBS disclosure for a regulated activity and reference checks.

For more information, contact Janet Davies, Club Manager on 07964 391972 or email paws@one47.co.uk

Free Confidential Impartial

**Parents and Carers,
Coming on a Parenting course could help you to:-**

- Speak and listen to your child more effectively
- Improve family relationships
- Deal with difficult behaviour more effectively
- Reward good behaviour, to boost your child's self esteem and confidence
- Set limits and boundaries, discipline and time out
- Gain support from other parents facing similar challenges.



Find your local Children's Centres
www.hertschildrenscentres.org.uk/find/dacorum.html



ADD-vance









Parenting Courses and Support in Dacorum Spring Term 2015

This leaflet last amended 19 December 2014 by Jan Nethercoat, Administrator,
PoDS (Partnership of Dacorum Schools)
Email: nethercoatj05@kingslangley.herts.sch.uk M: 07525 917125
If you would like to be added to the email distribution list for future issues, please
contact Jan on the details above

FREE courses open to parents in Dacorum

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To find your nearest children's centre visit:
www.hertsdirect.org/actweb/postcode/postcodecc.cfm

Drop-Ins

Adeyfield, Highfield, Woodhall Farm & Grovehill

Pregnancy Club

What does it cover?	Time and Date
Run by NHS - a monthly support group for pregnant women. Sessions are mid-wifery led and aim to give women support in pregnancy, provide information and allow women to build social networks. For all stages of pregnancy.	Every third Monday of the month - Evenings 7.00-9.30 pm Provider: NHS
Windmill Children's Centre Broadfield Road, HP2 4DW	To book ring Windmill Children's Centre 01442 426303

DSPL | Developing Special Provision Locally

Dacorum

Be involved, make a difference

www.dacorumdspl.org.uk

Delivering Special Provision Locally is a Hertfordshire-wide initiative, working to improve the range of provision and support services available for children and young people with special educational needs and disabilities, aged 0-25.

More Information about support and services for children and young people with Special Educational Needs and Disabilities, as well as their families, and teaching professionals in mainstream settings can be found on the DSPL Dacorum Website. It also details the work of the Dacorum DSPL (Area 8) Partnership and how you can get involved.

Tel: Dacorum DSPL 07525 917125



New Hertfordshire one stop parenting directory for parents

www.hertsdirect.org/parentingsupport




New Hertfordshire Family Services Directory available at:

www.hertsdirect.org

Courses & Workshops

Bennetts End, Corner Hall and Leverstock Green

Enough of the Huff

What does it cover?	Time and Date
<p>This workshop aims to explore the area of tantrums in 2-5 year olds and how parents can manage the situation.</p> <p>In partnership with Natural Flair </p>	<p>Monday 2nd February</p> <p>12:45 to 14:45pm</p> <p>Priority will be given to families from Green Lane Children's Centre</p>
<p>Green Lane Children's Centre c/o Leverstock Green CE Primary School, Green Lane, Leverstock Green, Hemel Hempstead, Herts HP2 4SA</p>	<p>To book please call Green Lane Children's Centre 01442 265410</p>

Parent Support Group and SEND Advice

What does it cover?	Time and Date
<p>Do you have a child with additional needs? Need somebody to talk to? Come and meet other parents for a chat and a coffee. Young children welcome</p>	<p>Wednesdays term time only 10.30 am - 12.00 noon</p>
<p>SEND Advice for professionals, school staff or parents/carers of a child with additional needs.</p>	<p>Wednesdays term time only 4.00 pm - 5.00 pm (First half hour consultation free, further charges given upon request)</p>
<p>Woodfield School Malmes Croft, Leverstock Green, Hemel Hempstead, Herts. HP3 8RL</p>	<p>Call 01442 253476</p>

Free School Meals


www.hertsdirect.org/services/edlearn/canhelp/



COURSES

Warners End, Gadebridge, Chaulden & Hemel Central

Complete Guide to Parenting Children with Additional Needs

What does it cover?	Time and Date
<p>Understanding and managing difficult behaviours and anger, education issues, siblings, wider family, handling stress, sharing feelings, concerns & experiences and so much more!</p> 	<p>Wednesdays 14th January - 25th March 2015</p> <p>7.00-9.00 pm Provider: Families in Focus</p>
<p>Collett School Lockers Park Lane Hemel Hempstead HP1 1TQ</p>	<p>Booking Essential - please contact Lesley 01442 219720 or Francine 0786 7510027 info@familiesinfocus.co.uk</p>

Anger Management Strategies - for lone parents looking to return to work

What does it cover?	Time and Date
<ul style="list-style-type: none"> Learn how to communicate clearly with empathy Find ways to stop shouting and start talking calmly Lessen stress and enjoy a happier and calmer family life Gain confidence and feel more in control Improve interview skills Update your CV with new skills enhancing your employability 	<p>Wednesday afternoons</p> <p>12.30-2.30 pm</p> <p>25th February - April 1st</p> <p>Provider: Families in Focus </p>
<p>Venue in Hemel Hempstead to be confirmed. To register your interest please contact →</p>	<p>Booking Essential - please contact Lesley 01442 219720 or Francine 0786 7510027 info@familiesinfocus.co.uk</p>



Courses & Workshops

Warners End, Gadebridge, Chaulden & Hemel Central

Understanding Challenging Behaviour in your Child with Additional Needs

What does it cover?	Time and Date
<p>This free 6 week course supports parents whose children do not need to have had a diagnosis but has a recognised additional need or is in the process of investigation. We help parents to:</p> <ul style="list-style-type: none"> Understand their child's behaviour Find strategies that really work Understand conflict: why it happens and how to handle it Manage anger effectively Motivate, encourage and support their children Manage the different needs in the family. 	<p>Mondays - 6 weeks</p> <p>26/1, 2/2, 9/2, 23/2, 2/3, 9/3.</p> <p>12.45pm to 2.45pm</p> <p>Please note: Priority will be given to parents from Galley Hill and Heath Lane Children's Centres.</p>
<p>Salvation Army Hall (next to Bus Station) Waterhouse Street, Hemel Hempstead HP1 1ES</p>	<p>Booking is essential Call or text Supporting Links: 01442 396518 / 07512 709556 info@supportinglinks.co.uk</p>

Raising Self-esteem and Developing Confident Minds

What does it cover?	Time and Date
<p>An opportunity to learn new skills about how to develop confident children and build self-esteem.</p>	<p>Monday 19th January 2015 9.30-11.30 am</p> <p>In partnership with </p> <p>Natural Flair</p>
<p>Gade Schools Family Support Gade Community Room Chaulden Junior School School Row, HP1 2NX</p> 	<p>please contact 01442 278793</p> <p>Deadline to book is 12th January 2015)</p>

Courses & Workshops

Tring & Villages

Parenting Puzzle

What does it cover?	Time and Date
<p>A 10 week parenting programme for parents and carers. This course can help improve relationships and emotional wellbeing within families. It builds on the skills parents have already and suggests lots of ways to improve family life and manage the behaviour of children.</p> 	<p>Fridays - 10 weeks 25 September, 2, 9, 16, 23 October 6, 13, 20, 27 November, 4 December 2015</p> <p>9.30am to 11.30am</p> <p>Booking Essential</p>
<p>New Mill Baptist Church New Road, New Mill, Tring, HP23 5EY</p>	<p>Please phone Orchard Children's Centre 01442 426922</p>
<p>Child age range</p>	<p>2 - 5 years Creche available £10 for 10 weeks</p>

About Boys Course

What does it cover?	Time and Date
<p>Do you have a son under 5? Would you like a better understanding of your son's development and behaviour? Would you like to provide him with boundaries and discipline and have more confidence to support him through difficulties? If the answer is YES then this is the course for you!</p>	<p>Tuesdays - 4 weeks</p> <p>3, 10, 17, 24 November 2015</p> <p>9.30-11.30 am</p> <p>Booking Essential</p>
<p>Tring Community Centre, Silk Mill Way, Tring, HP23 5EP</p>	<p>Please phone Orchard Children's Centre 01442 426922</p>
<p>Child age range</p>	<p>2 - 5 years Creche available £10 for 4 weeks</p>

Courses & Workshops

Tring & Villages

Family Toolkit

What does it cover?	Time and Date
<p>Are you stressed out? Are the kids driving you mad? Do you want to get the best out of family life? Our Family Toolkit course can help you make positive changes and have more fun in your family life. This course runs for 4 weeks and provides tools and skills to develop new ways of doing things in the family, with the main goal being to enjoy family life, despite its many varied challenges. To gain the full benefit of the course all 4 weeks must be attended.</p>	<p>Fridays - 4 weeks 16, 23, 30 January & 6 February 2015 9.30am to 11.30am Provider: Nicky Mitchell & Julia Orme - Orchard Children's Centre</p>
<p>Orchard Children's Centre Dundale Primary School, Silk Mill Way Tring, HP23 5DJ</p>	<p>Please phone Orchard Children's Centre 01442 426922</p>
<p>Child age range 2 - 5 years Crèche available £10 for 4 weeks</p>	

About Boys Course

What does it cover?	Time and Date
<p>Do you have a son under 5? Would you like a better understanding of your son's development and behaviour? Would you like to provide him with boundaries and discipline and have more confidence to support him through difficulties? If the answer is YES then this is the course for you!</p>	<p>Tuesdays - 4 weeks 3, 10, 17, 24 March 2015 7pm to 9pm Julia Orme - Orchard Children's Centre</p>
<p>Orchard Children's Centre Dundale Primary School, Silk Mill Way Tring, HP23 5DJ</p>	<p>Please phone Orchard Children's Centre 01442 426922</p>
<p>Child age range 2-5 years No crèche available</p>	

Courses & Workshops

Warners End, Gadebridge, Chaulden & Hemel Central

Keeping Safe and Protecting Young Minds

What does it cover?	Time and Date
<p>How to promote a safe and responsible use of online technology and mobile phones for children and young people.</p>	<p>Tuesday 3rd February 2015 7-9 pm In partnership with Natural Flair</p>
<p>Gade Schools Family Support Gade Community Room Chaulden Junior School School Row, HP1 2NX</p>	<p>please contact 01442 278793</p>


My Teen Brain

What does it cover?	Time and Date
<p>Being a parent of a teenager, understanding your teenager, communicating with your teenager and managing conflict.</p>	<p>Thursdays - 4 weeks 5th-26th March 2015 7-9 pm In partnership with Natural Flair</p>
<p>Gade Schools Family Support Gade Community Room Chaulden Junior School School Row, HP1 2NX</p>	<p>please contact 01442 278793 Deadline to book is 26th February 2015</p>

Courses & Workshops

Adeyfield, Highfield, Woodhall Farm & Grovehill

Families Feeling Safe

What does it cover?	Time and Date
<p>To help your child with life's challenges or worries. Uses Protective behaviours programme.</p>  <p>To find your nearest children's centre visit www.hertsdirect.org/actweb/postcode/postcodecc.cfm</p>	<p>Thursdays 22nd Jan – 19th March 15 (not 19th Feb) 9.30 -11.30 am</p> <p>Provider: Windmill Children's Centre Priority given to parents in the Windmill, Heath Lane and Galley Hill Children's Centre areas</p>
<p>Heights Community Hall, Highfield, Hemel Hempstead HP2 5NU</p>	<p>Please call Windmill Children's Centre on: 01442 426303</p>
<p>Child age range Under 5 years Creche available</p>	



www.add-vance.org

ADD-vance provides specialist information, training and advice for professionals, as well as support for children, adults and families on issues relating to Autism, Attention Deficit Hyperactivity Disorder (ADHD) and related conditions.

Information and Support Professionals, children, adults and families can reach ADD-vance for information or support via: Telephone Helpline: 01727 833963 Open Monday: Thursday 9am - 1pm Answer phone service at other times. For more information on courses running in the area, see the website for more details.

Courses & Workshops

Kings Langley, Nash Mills, Sarratt, Chipperfield, Bovingdon & Bedmond


Raising Childrens Confidence & Self-Esteem

What does it cover?	Time and Date
<p>This 2 hour workshop will provide guidance in supporting your childrens social, behavioural and emotional needs.</p>	<p>Wednesday 11 February 2015 9.30-11.30 am</p>
<p>Kings Langley Community Unit Kings Langley School Love Lane, WD4 9HN</p>	<p>Kings Langley Schools Partnership 01923 271744</p>

Raising your Childs' Aspirations & Confidence

What does it cover?	Time and Date
<p>This 2 hour workshop will look at ways in which we can encourage the development of childrens confidence to strive to do better because they want to and not just because the adults tell them to.</p>	<p>Tuesday 3rd March 2015 9.30-11.30 am (priority to parents in the KL area)</p>
<p>St Pauls School Chipperfield The Common Chipperfield</p>	<p>Kings Langley Schools Partnership 01923 271744</p>

Anger Management Strategies - for lone parents looking to return to work

What does it cover?	Time and Date
<p>Learn how to communicate clearly with empathy/Find ways to stop shouting and start talking calmly/Lessen stress and enjoy a happier and calmer family life/ Gain confidence and feel more in control/ Improve interview skills/Update your CV with new skills enhancing your employability.</p>	<p>Wednesday mornings 9.30 -11.30 25th February - April 1st Provider:Families in Focus</p> 
<p>Kings Langley Community Room Kings Langley School, Love Lane, WD4 9HN</p>	<p>Please contact Lesley 01442 219720 or Francine 0786 7510027 info@familiesinfocus.co.uk</p>

Courses & Workshops

Kings Langley, Nash Mills, Sarratt, Chipperfield, Bovington & Bedmond

Keeping your Child Safe Online and Outside

What does it cover?	Time and Date
With the increase in different technologies and distractions for children it is increasingly difficult to keep up with and know how to ensure children are safe when at home and when not.	Tuesday 27th January 2015 9.30-11.30 am (priority to parents in the KL area)
Kings Langley Community Unit Kings Langley School Love Lane, WD4 9HN	Kings Langley Schools Partnership 01923 271744

Understanding Your Teen & their Behaviour

What does it cover?	Time and Date
This 2 hour workshop will provide an insight into the world of a teenager and will help explore how to manage the changes that will take place and maintain communication and confidence levels, both in your teenager and yourself.	Wednesday 4th February 2015 7.00-9.00 pm (priority to parents in the KL area)
Kings Langley Community Unit Kings Langley School Love Lane, WD4 9HN	Kings Langley Schools Partnership 01923 271744

Bringing out the Best in Boys

What does it cover?	Time and Date
This 2 hour workshop aims to provide an understanding of boys' development and behaviour. It gives a series of strategies to help in feeling more confident in supporting boys.	Tuesday 3rd February 2015 9.30-11.30 am (priority to parents in the KL area)
St Pauls School Chipperfield The Common Chipperfield	Kings Langley Schools Partnership 01923 271744

Courses & Workshops

Adeyfield, Highfield, Woodhall Farm & Grovehill

The Parenting Puzzle/Nurturing Programme

What does it cover?	Time and Date
The Nurturing Programme provides simple effective tools to help adults and children: <ul style="list-style-type: none"> • Understand and manage feelings and behaviour • Improve relationships at home and in school • Improve health and emotional wellbeing • Develop self confidence and self esteem 	Tuesdays: 10 weeks 20th and 27th January, 3rd, 10th, 24th February, 3rd, 10th, 17th, 24th and 31st March. NOT 17th February 9.30-11.30am Limited number of creche places available
Link Family Services Centre Hobletts Manor Junior School Adeyfield Road Hemel Hempstead Herts. HP2 5JT	Booking is essential Call or text Supporting Links: 01442 396518 / 07512 709556 info@supportinglinks.co.uk
Child age range	4-11 years


HENRY (Health, Exercise, Nutrition for the Really Young)

What does it cover?	Time and Date
Explore healthy lifestyles – reducing mealtime stress, being active, encouraging less screen and TV time.	Wednesdays 14 Jan – 11 th March (not 18 th Feb) 9.30 – 11.30am
Link Family Services, Hobletts Manor Junior School Hemel Hempstead, Herts, HP2 5JT	Provider: Health Visiting Service Please call Windmill Children's Centre on: 01442 426303
Child age range	Under 8yrs No Creche

Courses & Workshops

Kings Langley, Nash Mills, Sarratt, Chipperfield, Bovington & Bedmond

Families Feeling Safe

What does it cover?	Time and Date
<p>This eight week course will provide a wide range of tips and techniques to help raise self-esteem and confidence within our children with a focus on practical ideas that can help both parents and children cope with difficulties. The main topics covered include:</p> <ul style="list-style-type: none"> Raising self esteem and personal confidence Recognising and trusting feelings Staying in control and making safe choices Building networks of support Improving relationships and communication Developing problem solving strategies to help cope with difficulties Gaining awareness of rights and responsibilities 	<p>Fridays - 8 weeks</p> <p>16th January - 20th March 2015</p> <p>9.30-11.30 am</p>  <p>Priority will be given to parents in the Kings Langley Schools Partnership area</p>
<p>Kings Langley Community Unit Kings Langley School Love Lane, WD4 9HN</p>	<p>Kings Langley Schools Partnership 01923 271744</p>

Bringing out the Best in Girls

What does it cover?	Time and Date
<p>This 2 hour workshop will explore the myths and stereotypes surrounding the ways in which girls deal with situations. We will explore how to develop confidence in girls and provide tips and techniques.</p>	<p>Tuesday 20th January 2015</p> <p>9.30-11.30 am</p> <p>Priority to parents in the Kings Langley Schools Partnership area</p>
<p>St Pauls School Chipperfield The Common Chipperfield</p>	<p>Kings Langley Schools Partnership 01923 271744</p>

Courses & Workshops

Kings Langley, Nash Mills, Sarratt, Chipperfield, Bovington & Bedmond

Parenting a Child with Additional Needs

What does it cover?	Time and Date
<p>An opportunity for parents to share feelings and experiences and discover solutions to problems based on what works - not what's meant to work! The course will be tailored around supporting a child with additional needs and how to support the wider family. Topics include:</p> <ul style="list-style-type: none"> Understanding and managing behaviour Discovering new and recognised ways of managing behaviour Coping with feelings and the wider family Home/School issues 	<p>Mondays - 7 weeks</p> <p>26th January - 16th March 2015</p> <p>10.00-12.00 pm</p> <p>Priority will be given to parents in the Kings Langley Schools Partnership area</p>
<p>Kings Langley Community Unit Kings Langley School Love Lane, WD4 9HN</p>	<p>Kings Langley Schools Partnership 01923 271744</p>

Managing Challenging Behaviour in your Teenager

What does it cover?	Time and Date
<p>This 2 hour workshop will help to understand the feelings and needs behind teenagers' challenging behaviour and learn strategies to manage that behaviour.</p>	<p>Tuesday 27th January 2015</p> <p>7.00-9.00 pm</p>
<p>Kings Langley Community Unit Kings Langley School Love Lane, WD4 9HN</p>	<p>Kings Langley Schools Partnership 01923 271744</p>

Priority will be given to parents in the Kings Langley Schools Partnership area