

Fun Activities



Cookery 7-12 year olds ●

SportSpace Kings Langley

Monday 22nd December
10am – 12pm

Cost: **£13** **Member**
 £13.50 **Non-Member**
 (including all ingredients)

Fun, Games & Trampolining 5 - 7 year olds ●

SportSpace Kings Langley

Tuesday 23rd December
11.30am - 2.30pm

Come along and join in the various fun & games improving key skills, followed by trampolining.

Cost: **£10** **Member**
 £10.50 **Non-Member**

Christmas Parties

Do you need some time to do last minute shopping or wrap the presents?

Tinsel Tots Party 3-4 years ●●

For children aged 3 - 4 years. This will be based in the activity room and will include messy play, arts and crafts, face paints and refreshments.
10am-12pm

SportSpace Hemel Hempstead

Monday 22nd December

SportSpace Berkhamsted

Tuesday 23rd December

Cost: **£8.60** **Member**
 £10.50 **Non-Member**

Snowflakes Party 5-7 years ●●

For children aged 5 - 7 years. This will be based in the sports hall and will include bouncy castle, wacky relays, and face paints and refreshments.

10am-12pm

SportSpace Hemel Hempstead

Monday 22nd December

SportSpace Berkhamsted

Tuesday 23rd December

Cost: **£8.60** **Member**
 £10.50 **Non-Member**



Christmas Activities

WATER FUN AND COURSES

Large Pool Inflatables

8 years+ ● ●

Super Commando Run and Commando Run are suitable for children over 8. The child must be a competent swimmer, able to swim 25metres and be confident in deep water.

SportSpace Berkhamsted

Super Commando Run

Tuesday 23rd & 30th December

2pm-3pm

Wednesday 24th & 31st December

2pm-3pm

SportSpace Hemel Hempstead

Commando Run

Wednesday 24th & 31st December

2.15pm-3.15pm

Friday 2nd January

2.15pm-3.15pm

Fun and Floats - Families ●

Fun family session in the pool with large floats and music. Normal swimming ratios will apply and customers can use pools after the session (subject to availability).

SportSpace Berkhamsted

Friday 2nd January 2015

2pm-3pm

FITNESS ACTIVITIES

Junior Gymspace

9-15 years ● ●

* 12-15 years at Berkhamsted

Additional holiday gym sessions

SportSpace Berkhamsted

Monday, Wednesday and Friday

11am-12pm

SportSpace Hemel Hempstead

Monday and Friday 11am-12pm

Wednesday 10.30am-11.30am

Cost:

£3.80 child

£5.70 child

Member

Non-Member

Where can I join in?
KEY

- SportSpace Hemel
- SportSpace Berkhamsted
- SportSpace Tring
- SportSpace Kings Langley

Christmas Activities



SPORTS ACTIVITIES

Badminton, Trampoline & Swim 8 – 14 year olds ●

Sportspace Kings Langley

Tuesday 23rd December
9am – 2.30pm

Cost: **£14** **Member**
 £15 **Non-Member**

Trampolining Workshops 5-12 years ●●

Sportspace Berkhamsted

Monday 22nd and 29th December
12.30pm-1.30pm 3-4 years
1.45pm-2.45pm Families 5-12 years

Sportspace Hemel Hempstead

Tuesday 23rd and 30th December
12.30-1.30pm 3-4 years
1.45-2.45pm 5-7 years
3pm-4pm Families 5-12 years

Cost: **£6.50** **Member**
 £8.40 **Non-Member**

Badminton 8 – 14 year olds

Sportspace Kings Langley

Tuesday 23rd December
9 - 11am

Cost: **£7** **Member**
 £7.50 **Non-Member**

Trampolining 8 – 14 year olds

Sportspace Kings Langley

Tuesday 23rd December
11am – 1pm

Cost: **£7** **Member**
 £7.50 **Non-Member**





CLIMBING:

Mini Mountaineers 3-4 years

Monday - Saturday 9am-10am

Member: £3.20 Non-Member: £5.10

Little Rockies 5-7 years

Monday - Sunday 10am-11am and 1pm-2pm

Member: £8.20 Non-Member: £10.10

Cliff Hangers 8-14 years (NICAS Course)

**Monday - Sunday 11am-12.30pm
and 2pm-3.30pm**

Member: £12.30 Non-Member: £14.20

XC is a NICAS awarding centre and this scheme is available during these sessions. Please visit www.nicas.co.uk for more information. NICAS books available at XC from £5.

Climbing Taster Session 5 years+

Daily, on the hour, every hour from 10am-9pm, subject to availability

Junior Member: £8.20

Junior Non-Member: £10.10

Adult Member: £12.30

Adult Non-Member: £14.70

NEW! Free Fall

Free Fall from our high ropes course which is 12 metres above the ground! If you've got nerves of steel... then this is for you! We ease you in gently with a session round the high ropes course, followed by a leap of faith with 3 metres of free falling. Don't worry – our safety device will then kick in and lower you slowly to the ground.

Junior Member: £7.50

Junior Non-Member: £9.40

Adult Member: £8.50

Adult Non-Member: £10.90

SKATEPARK:

All Day Skate Holiday Special

Dates: Monday 22nd, Tuesday 23rd, Monday 29th, Tuesday 30th, Wednesday 24th, Wednesday 31st December 2014, Friday 2nd January 2015

Member: £6 Non-Member: £8